

GOOD FOOD • STRONG COMMUNITIES • HEALTHY PEOPLE

EVERYBODY EATS IN MANITOBA

Public, private, and community-based organizations collaborate on planning and policies that enhance food security in Manitoba.

Public Engagement: learning deepens understanding

Policy Analysis: data informs good decisions **Community Planning:** nurturing ideas and innovation.

BEYOND OUR PLATE

Manitoba youth are engaged in critical thinking on food security issues and make change in their communities through an **interactive high school learning and action curriculum.**

Youth are motivated to address the issues as they learn what affects the community, affects them too. The experience of collective planning and action is empowering.

MANITOBA FOOD Action Hub

Community organizations in Manitoba are equipped to deliver high-quality programs that meet the food security needs of the people they serve through a **dynamic**, **online and face to face network of support and training**.

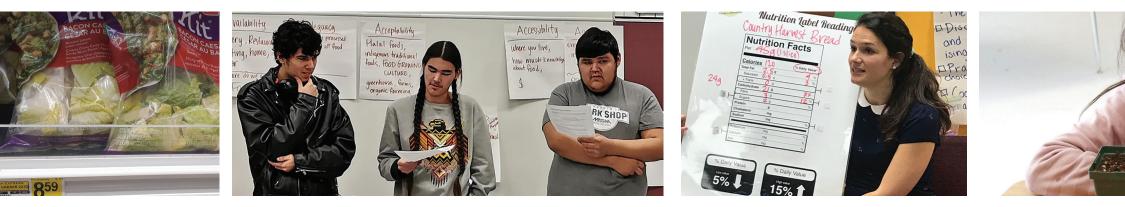
Expanded knowledge and skill, decreased isolation and competency on food and issues results in stronger communities.

NORTHERN AND COMMUNITY PARTNERSHIPS

Local organizations and animators are supported in grassroots initiatives that promote community food security and local leadership.

Educational programs: particularly for youth, broaden traditional food and cultural experiences.

Support for local agriculture: gardens, bees, greenhouses, promotes sustainability.



CREATING POSITIVE CHANGE

GROWING YOUTH LEADERS

ENGAGING COMMUNITY BUILDING CAPACITY



selves a nation we can't feed Durselves ves a vatio we ant call rselves a nation we can't feed

JOIN US IN MAKING GOOD FOOD HAPPEN To donate, visit our Website, call, or email:

foodmattersmanitoba.ca info@foodmattersmanitoba.ca 204.943.0822



CULTIVATING LEADERS

UPSTREAM ACTION on food security is the critical edge for making effective change. Focused on this edge, we work with community leaders through collaborative projects that get at the root of food system issues.

WE ARE CULTIVATING LEADERS TO STRENGTHEN THE FOOD SECURITY MOVEMENT.

WHAT IS FOOD SECURITY?

Food security is having enough affordable, nutritious food to eat. But in Manitoba, 1 in 7 households and 1 in 5 children are NOT food secure.

The issues are complex: poverty, regional disparity, colonization and racism, diet acculturation and diet-related disease.

A FOOD SECURE MANITOBA MEANS THAT EVERYONE EATS WELL, ALL THE TIME.





BUILDING A PROVINCE WHERE GOOD FOOD NOURISHES STRONG COMMUNITIES AND HEALTHY PEOPLE. FOODMATTERSMANITOBA.CA