

## Resource List - COVID-19 Resources Translated into Multiple Languages

### Information from Manitoba Government Websites:

#### 1) Should I get tested for COVID-19? poster

Available on Shared Health website: <https://sharedhealthmb.ca/covid19/providers/posters/>

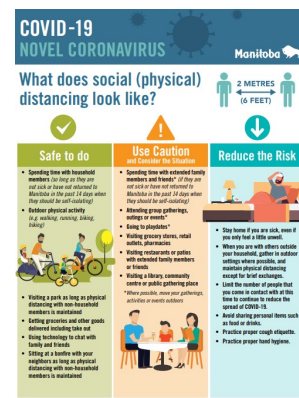
- [English](#)
- [French](#)
- [Arabic](#)
- [Cantonese](#)
- [Korean](#)
- [Kurdish](#)
- [Low German](#)
- [Mandarin](#)
- [Punjabi](#)
- [Somali](#)
- [Spanish](#)
- [Swahili](#)
- [Tagalog](#)
- [Vietnamese](#)



#### 2) Social (Physical) Distancing poster

Available on the MB Health website: <https://www.gov.mb.ca/covid19/updates/resources.html>

- [French](#)
- [Chinese Traditional](#)
- [Chinese Simplified](#)
- [Korean](#)
- [Low German](#)
- [Punjabi](#)
- [Arabic](#)
- [Tagalog](#)



### 3) Reduce my risk & Testing – audio

Available on the MB Health website: <https://www.gov.mb.ca/covid19/updates/resources.html>



### 3) Hand Hygiene - Poster

Available on the Shared Health website:  
<https://sharedhealthmb.ca/covid19/providers/hand-hygiene-posters/>



### 4) Cough etiquette - Poster

Available on the Shared Health website:  
<https://sharedhealthmb.ca/covid19/providers/cough-etiquette-posters/>

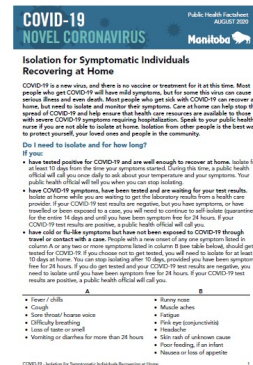


## 5) Isolation & Self-Monitoring For Symptomatic Individuals Recovering at Home - Factsheet

Available on the MB Health website here: <https://www.gov.mb.ca/covid19/updates/resources.html>

September 17, 2020 update: Versions of these fact sheets in other languages are being translated and will be updated as soon as they become available

- [English](#)
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- [Cree](#)
- [Dené](#)
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- [Korean](#)
- [Objiway](#)
- [Punjabi](#)
- [Spanish](#)
- [Tagalog](#)
- [Ukrainian](#)

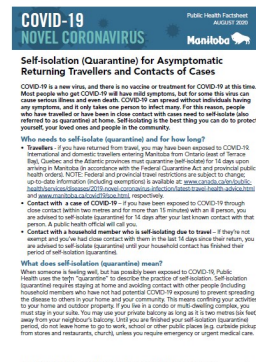


## 6) Self-Isolation (Quarantine) & Self-Monitoring For Returning Travellers and Contacts of Cases - Factsheet

Available on the MB Health website here: <https://www.gov.mb.ca/covid19/updates/resources.html>

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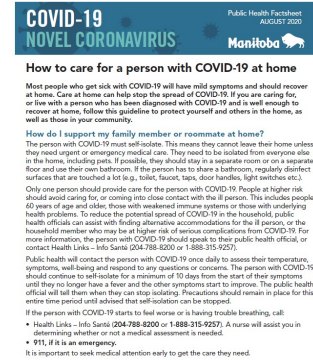


## 7) How to care for a person with COVID-19 at home - Factsheet

Available on the MB Health website here: <https://www.gov.mb.ca/covid19/updates/resources.html>

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### Information from international, national, and local sources:

- There are many many more resources than listed here, this is a current snapshot of information available in multiple languages.

#### 1) Public Health Agency of Canada

Coronavirus disease (COVID-19): Awareness resources: <https://www.canada.ca/en/public-health/services/diseases/2019-novel-coronavirus-infection/awareness-resources.html>

Available in English and French and includes a note "Some resources are available in multiple languages."

You click each resource to find out what language it is available in. Most videos and audio are bilingual; and printed materials are more likely to have been translated.

#### 2) World Health Organization

Advice for the Public: <https://www.who.int/emergencies/diseases/novel-coronavirus-2019/advice-for-public>

There is a language toggle with some materials translated:

- Arabic
- Chinese (simplified)
- French
- Russian
- Spanish

### 3) Ethnocultural Council of Manitoba (ECCM)

Covid-19 Manitoba's state of emergency summary and social distancing guideline in different languages:

<https://ethnomanitoba.ca/covid-19/>

Multilingual Supports for Parents and Students: Returning to School

<https://ethnomanitoba.ca/welcoming-our-students-back-restoring-safe-school/>

### 4) Immigration Partnership Winnipeg

COVID-19 Resources and Information: <https://www.ipwinnipeg.org/ipw-response-to-covid-19> (this lists many Manitoba provincial government resources and Public Health Agency of Canada resources in one place.)

### 5) MFL Occupational Health Centre

Information Sheets for Essential Workers: <http://mflohc.mb.ca/covid-19/information-sheets-for-essential-workers/>

- [Cleaning & Janitorial Workers](#) (English)
  - [Arabic](#)
  - [Hindi](#)
  - [Mandarin](#)
  - [Punjabi](#)
  - [Spanish](#)
  - [Tigrinya](#)
- [Meat & Poultry Processing Workers](#) (English)
  - [Hindi](#)
  - [Mandarin](#)
  - [Spanish](#)
  - [Tigrinya](#)
  - [Vietnamese](#)
- [Grocery Store Workers](#) (English)
  - [Mandarin](#)
  - [French](#)
- [Security Guards](#) (English)
  - [Arabic](#)
  - [Hindi](#)
  - [Punjabi](#)
  - [French](#)