



FOOD MATTERS
MANITOBA



2019-2020
ANNUAL
REPORT

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This final transition year for Food Matters Manitoba was one of anticipated change, unexpected challenges, incredible feats of teamwork, new and renewed partnerships, and undeniable optimism.

We partnered with 96 agencies to deliver programs in 95 communities in Manitoba.

- Beyond Our Plate in Southern Health-Santé Sud health region, engaged over 100 youth in imagining possibilities for food security in their communities.
- 25 community food production and land-based projects in 13 communities in Northern Manitoba connected with over 1,000 youth participants.
- The Brandon Food Council entered its second successful year and is now nurturing new relationships with John Howard Society and Brandon University to deliver an innovative pay-what-you-can meal delivery service and food recovery program: Everyone Eats.
- Our Food Our Health Our Culture program wrapped up. We are currently compiling and revamping these resources to meet the emerging needs of our partner agencies.

Covid-19 created new food security challenges and exposed the weaknesses in our food systems. Thankfully, at the outset of the COVID-19 pandemic, we were already working to engage partners through web-based projects and online capacity-building. We are well poised to continue to offer strong leadership, program supports, quality resources and valuable connections to address new challenges in the coming year.

I look forward to working with the Board of Directors of Food Matters Manitoba over the next year to leverage their fresh ideas and skills and the momentum of our programs towards a renewed vision and strategic direction for the organization.



**Message from our
Executive Director**

Community Connections



Delivered programs in
95
communities



96
partner
agencies



1,370
people engaged in
community events



1,447
youth attended
classes & workshops

Programs & Impacts



25

land based
education
activities



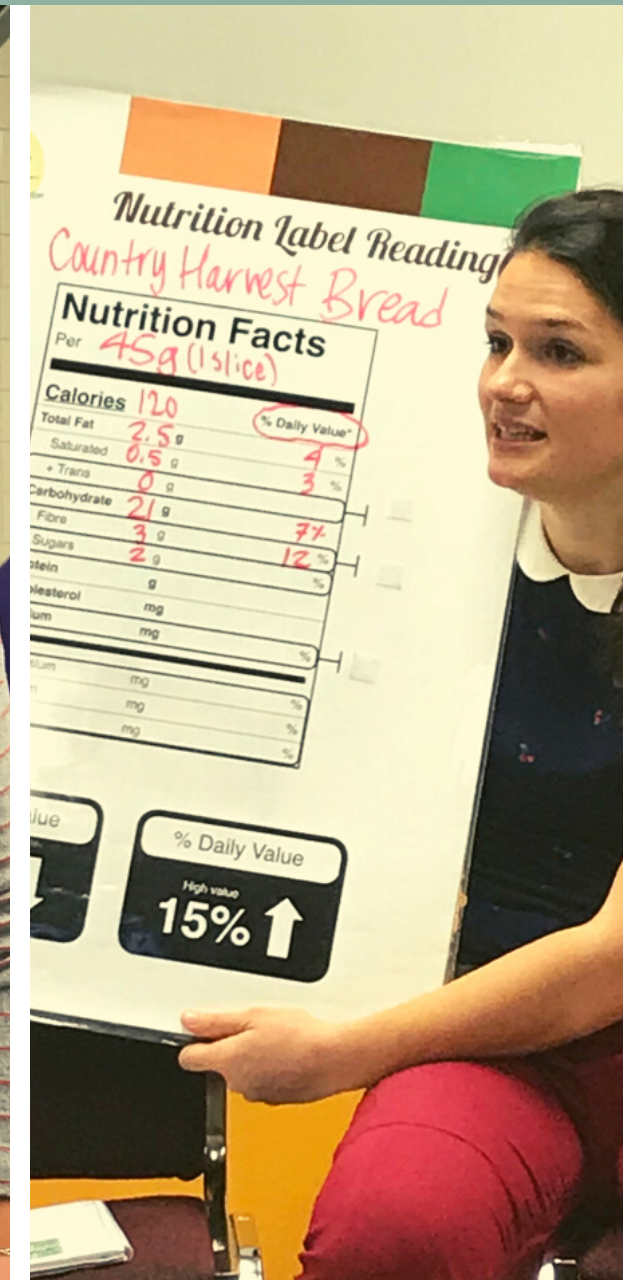
33

newcomer
nutrition
sessions



20

community
tables
workshops



47

youth
food literacy
classes



35

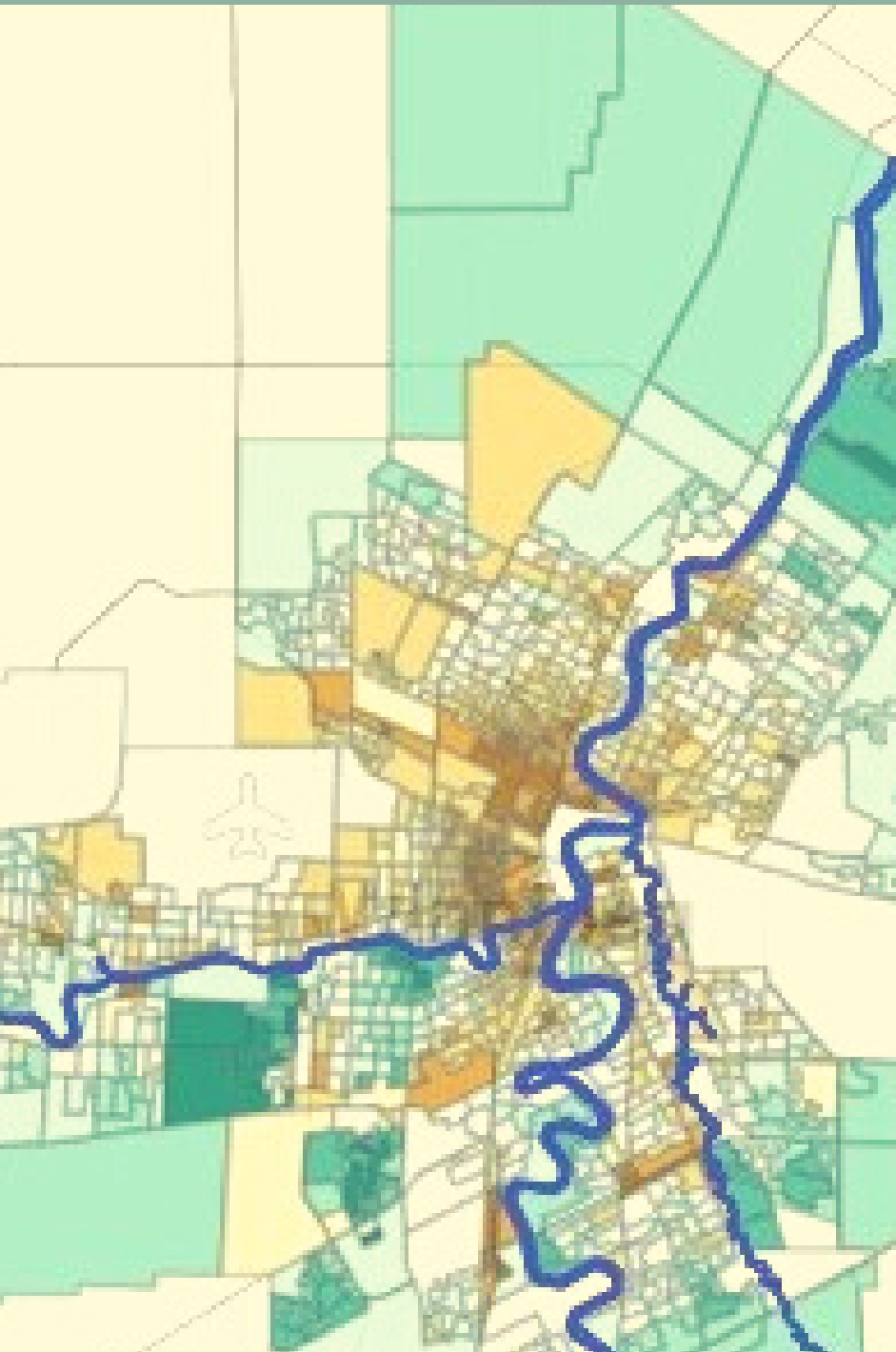
Food Handlers
certification
classes



6

Beyond our
Plate
workshops

Core & Partner Projects



**Winnipeg
Food Atlas**



**Alternative
Provincial
Budget**



**Updated
Newcomer & Indigenous
Traditional Food Maps**





Northern Partnerships

berry harvesting
camping trips
canoe building
community feasts
fishing
moose & goose hunting
traditional knowledge
youth gardens

Brochet/Barren Lands
Cross Lake/Cross Lake First Nation
Crossing Bay
Fox Lake
Grand Rapids/Misipawistik Cree Nation
Moose Lake/Mosakahiken Cree Nation
Northlands
O-Pipon-Na-Piwin Cree Nation
Shamattawa First Nation
Sherridon
Tataskweyak Cree Nation
York Factory First Nation
Norway House Cree Nation

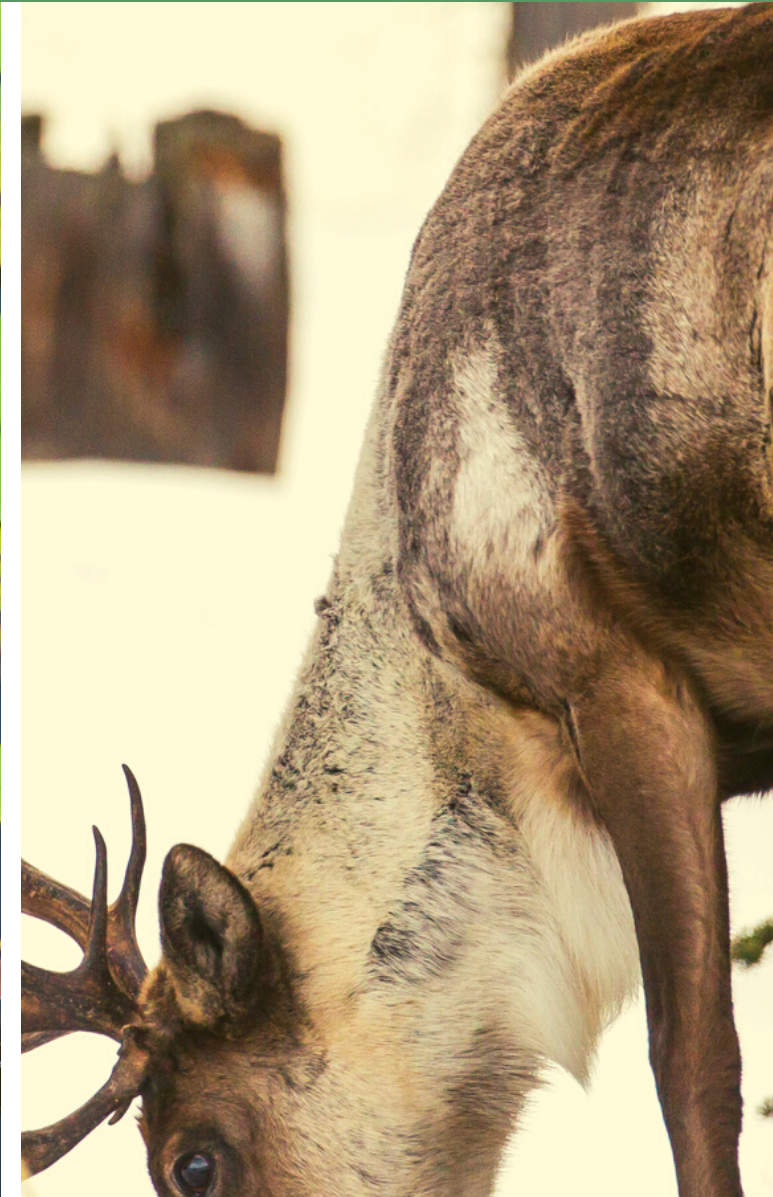
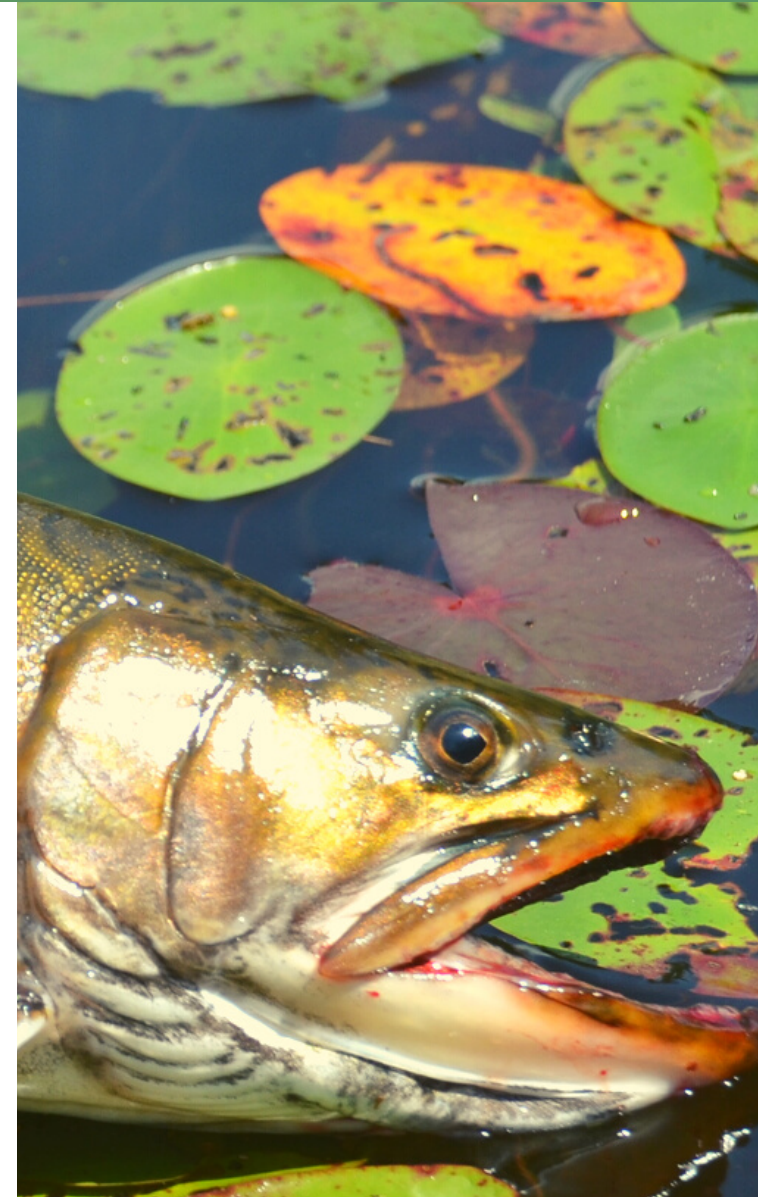
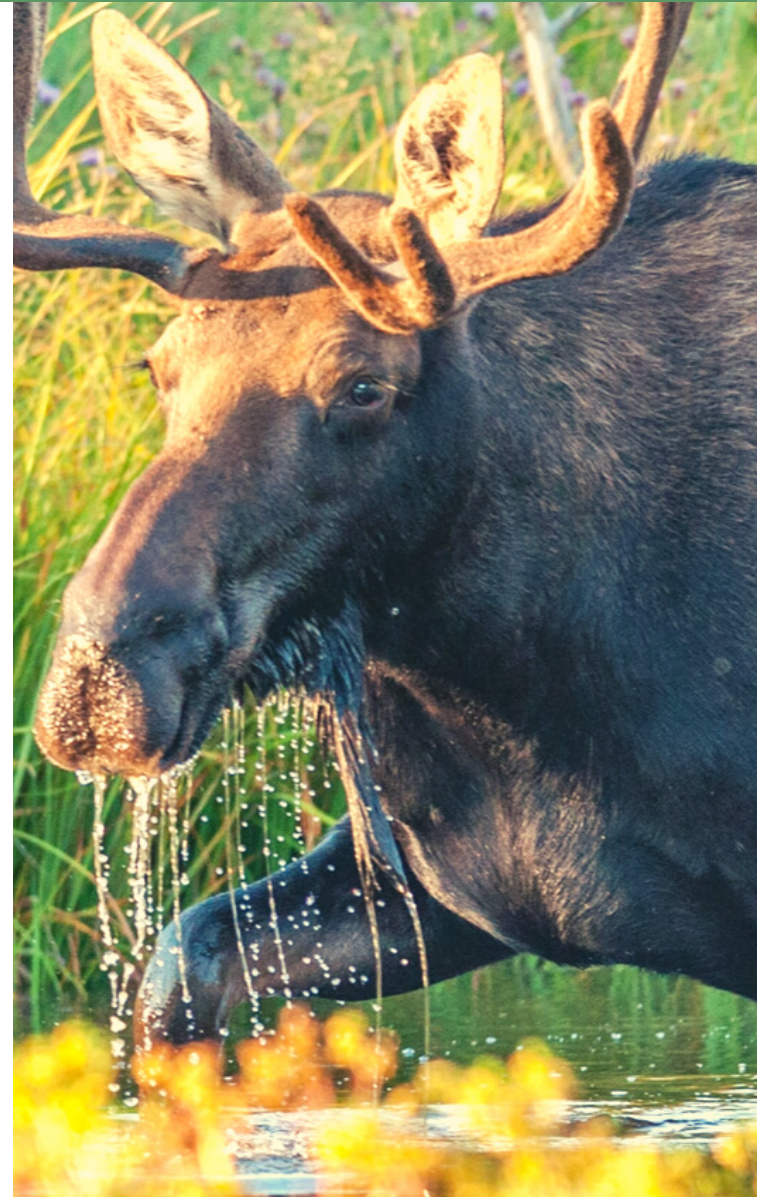
**land based education &
community food production**
activities in

25
13
communities



Indigenous Foods from the Land

Cree & Ojibwe language poster series



wapos
waabooz
rabbit

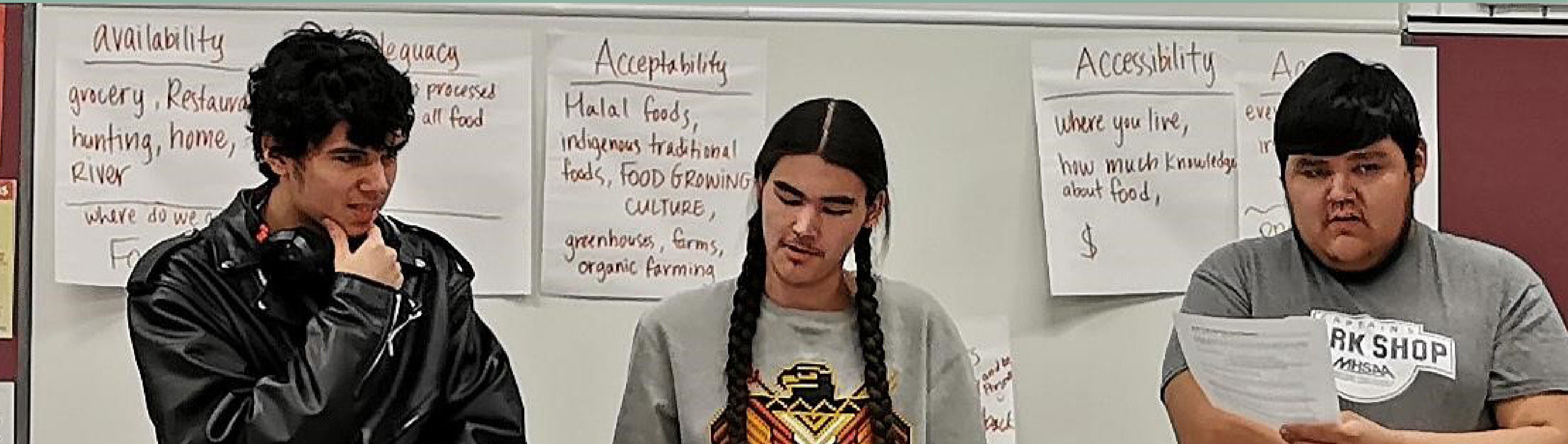
niska
nika
goose

moswa
mooz
moose

masamekos
brook trout

atihk
adik
caribou

Beyond our Plate: YFL 2.0



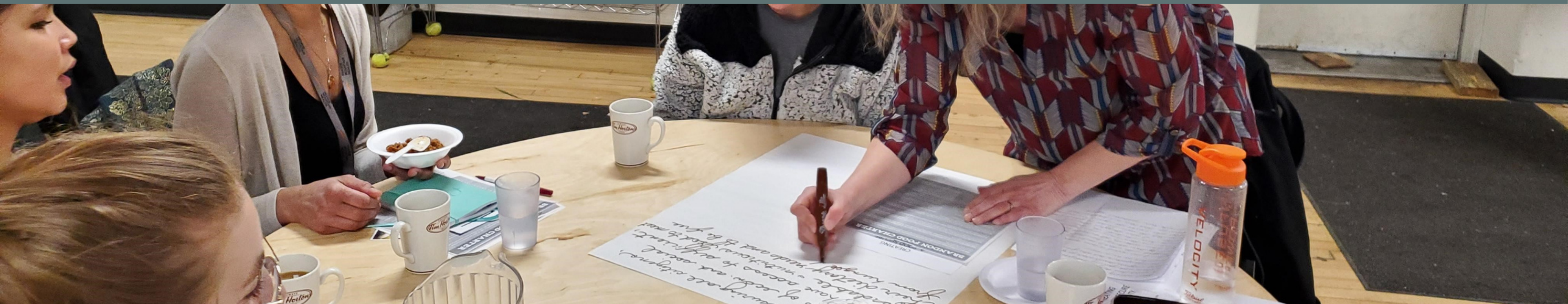
Youth were curious about food security in their communities & their role in creating positive change.

3-part workshop

1. teach food security basics
2. solutions brainstorming
3. mock youth food policy

Students are empowered to think critically about food insecurity experiences, causes and solutions

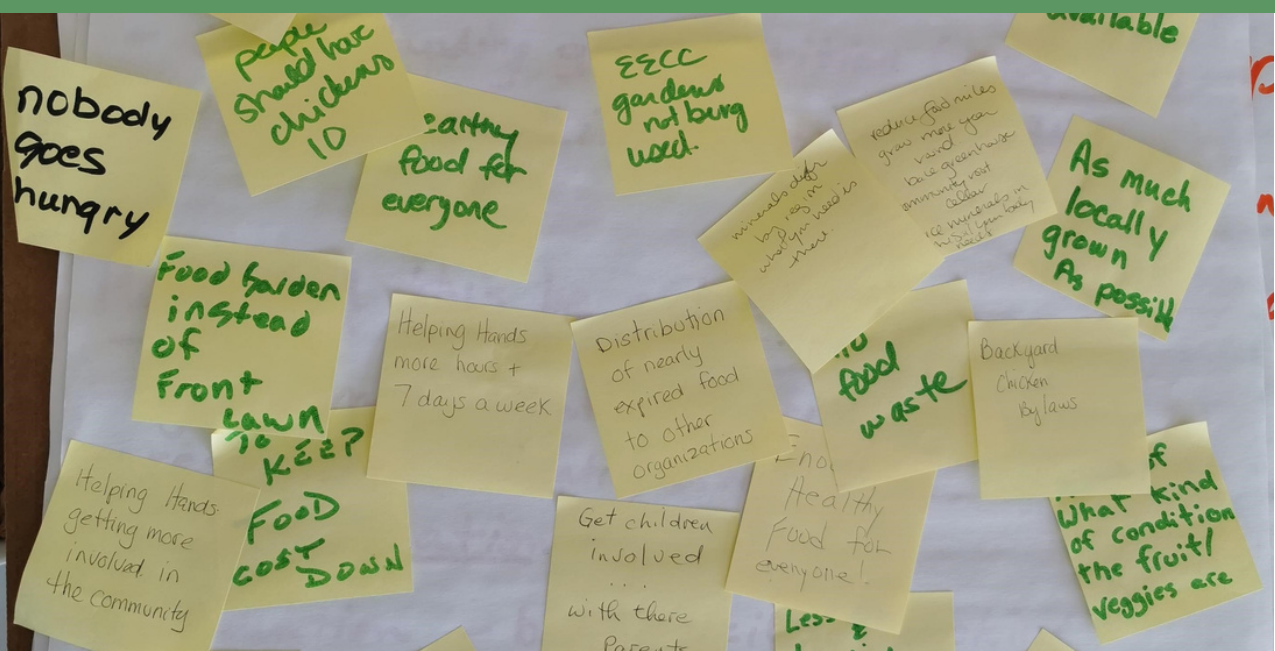
BRANDON FOOD COUNCIL



35 community activities

"Building a Food Secure Community" strategic planning event

Partnered to create Everyone Eats



OUR FOOD, OUR HEALTH, OUR CULTURE



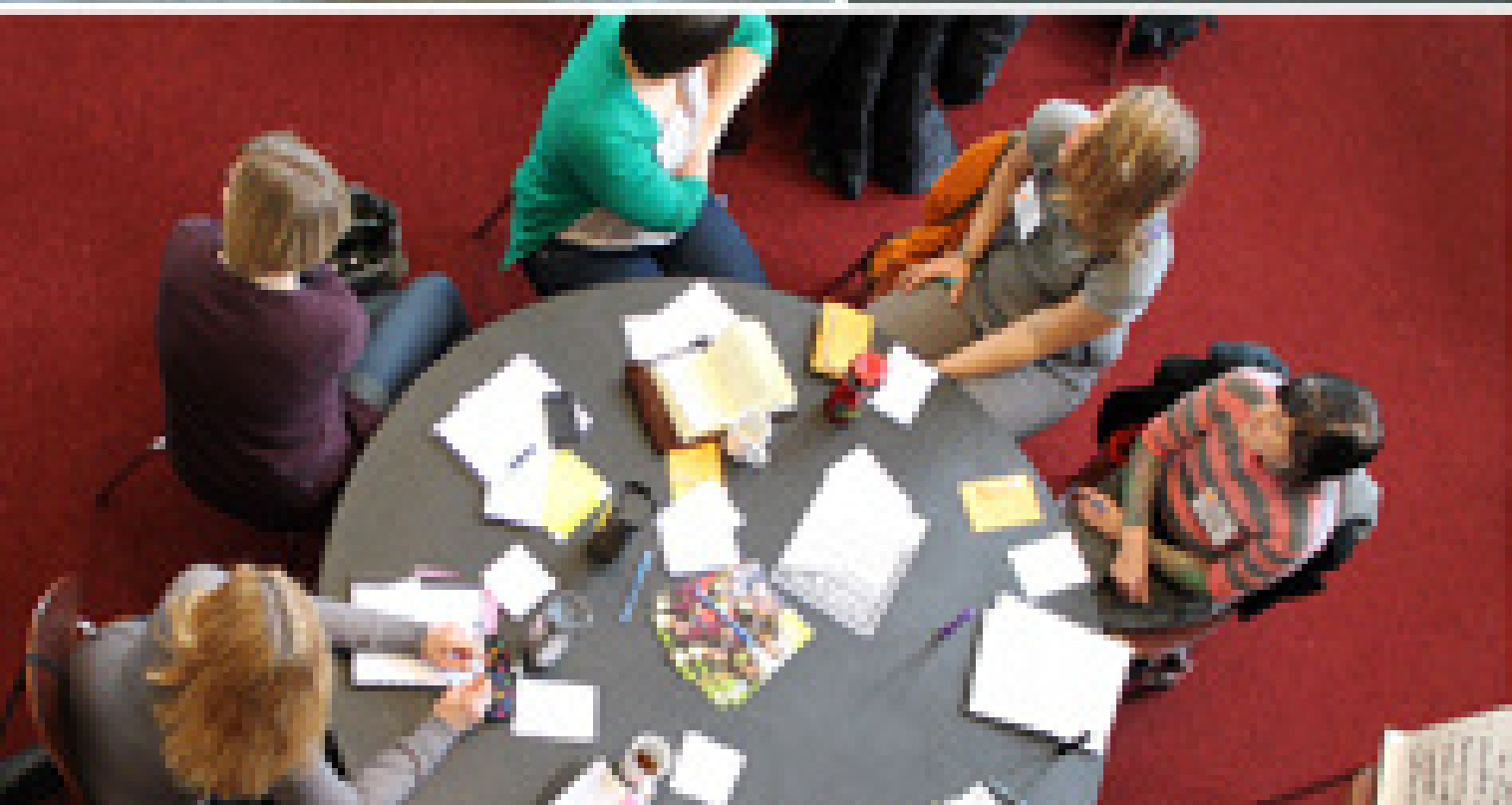
THANK YOU TO THE PUBLIC HEALTH AGENCY OF CANADA



INTRODUCING THE FOOD ACTION HUB



Strengthening networks and partnerships
Sharing quality program resources & policy development support
Promoting community experience & knowledge



FOOD INSECURITY

2020-21 has launched

Food Insecurity in Manitoba video series & infographics

Staff

Rob Moquin, Acting Executive Director

Joanna Plater, General Manager

Caryn Douglas, Development Coordinator

Mukesh Marwari, Bookkeeper

Olivia Boyce, Community Engagement Lead

Demian Lawrenchuk, Northern Coordinator

Amalia Santiago, Evaluation Coordinator

Myreille Fortin, Social Innovation Coordinator

Jeanette Sivilay, Winnipeg Food Council Coordinator

David Heinrichs, Youth Food Literacy Program Coordinator

Ala'a Eideh, Youth Food Literacy Program Coordinator

Ann-Marie Direito, Intern

Jeff Yaremko, Intern

Chanelle Lajoie, Intern

Kayleigh Russell, Intern



A year of transition
filled with exciting
programs & projects
throughout Manitoba.

Board

Tyler Pearce, Chair

Curtis Brown, Secretary

Erin Neufeld, Board Member

Kayla Perry, Board Member

Kaylee Michnik, Board Member

Beth Timmers, Board Member

Gabriela Klimes, Board Member

James Manguba, Board Member

Brittany Sandberg, Outgoing Board Member

Devon Kirkwood, Outgoing Board Member

THANKS TO OUR FUNDERS

City of Winnipeg

Healthy Together Now

Manitoba Health Seniors & Active Living

Northern Healthy Foods Initiative

Northern Manitoba Food, Culture & Community Collaborative

Public Health Agency of Canada

Social Enterprise Manitoba

Winnipeg Foundation

AND A HUGE THANK YOU TO ALL OUR INDIVIDUAL DONORS

JOURNEY TO THE NORTH

Film by Jacob Bird



Land based education in Northern Manitoba, April 2019

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