

A close-up photograph of several young green seedlings with two leaves each, growing out of dark brown soil. The seedlings are in various stages of growth, with some taller than others. The background is a soft, out-of-focus green.

FOOD SECURITY MATTERS

interrogating systemic harms and (re)thinking our approach

90 MINUTE WORKSHOP

FOOD SECURITY MATTERS

Participant groups build a collective definition of food security, reflect upon & expand understandings of food (in)secure experiences and work to unseat shame and empower individuals in community.

Best suited for client-serving professionals,
educators & community leaders.

Workshop Fee: on a sliding scale

Audience: groups, ages 16+

contact engage@foodmattersmanitoba.ca to book

Facilitating a more
critical, inclusive,
and collaborative
conversation about
food security.



FOOD MATTERS
MANITOBA