

Niibin Mashkiki Bway'ige

Summer Medicine Harvest

(For Ideal Conditions)

JUNE
Baashkaawegiziis

JULY
Aabitaaniibin

AUGUST
Aditewiniigiis

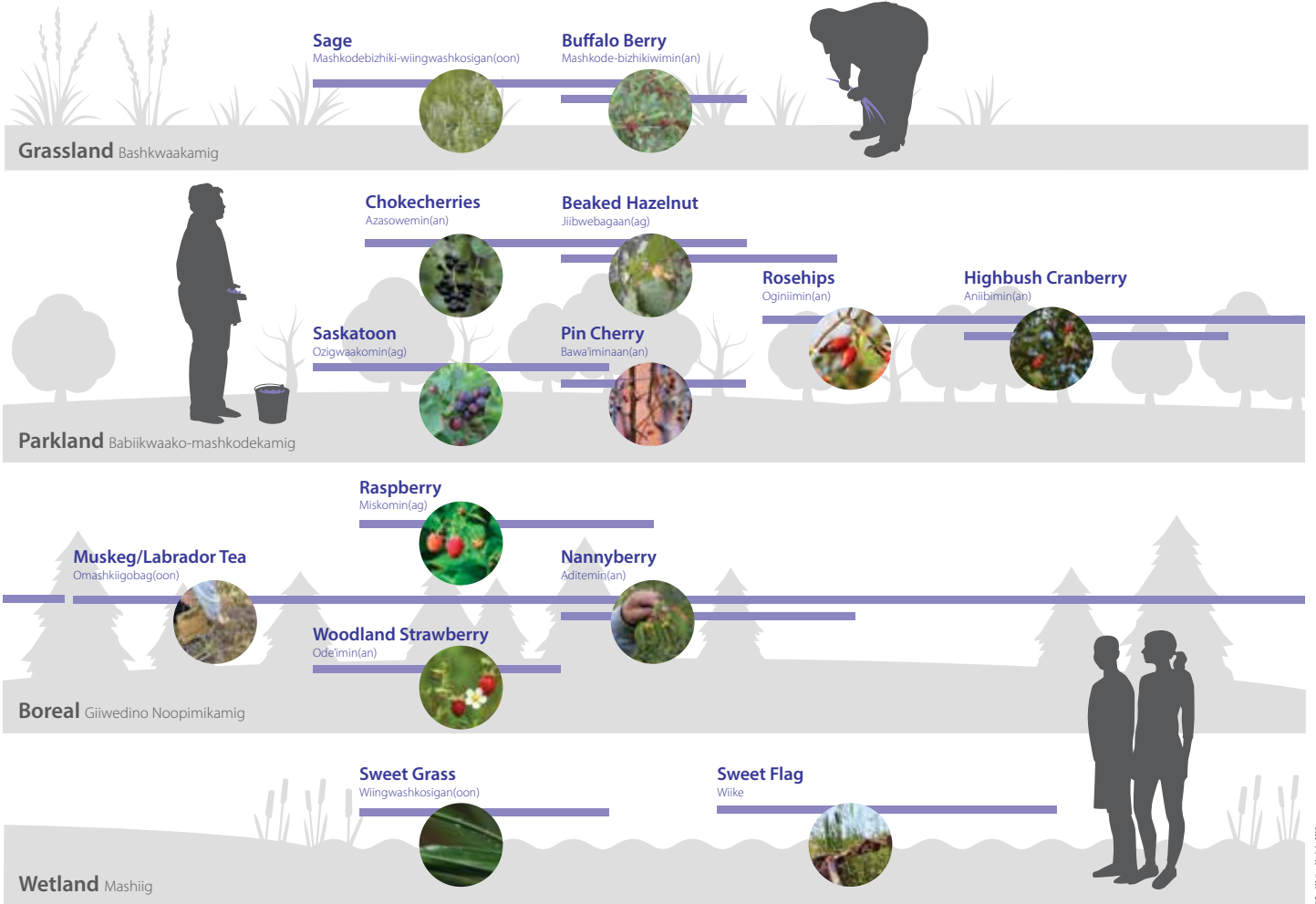
SEPTEMBER
Maanoonigiis

OCTOBER
Binaakwegiziis

Spring (Ziigwan)

Summer (Niibin)

Fall (Dagwaagin)



WHEN OUR WORLD WAS CREATED, everything we needed for life had been provided. The land has shared everything we needed for our health, this includes mashkiki. The berries and the many plants found in Anishinaabe territory have helped us and have sustained us to ensure our responsibilities to the next generations and to look after the land. They continue their responsibilities, as we do, despite the many challenges we face today. The strength and spirit of mashkiki is powerful, it provides us with the connection to our history and power of our people, and helps teach us about helping one another.

The Anishinaabe has always had a connection to the land. The challenges for some people today is attaining the traditional knowledge that has been passed through the generations about the plants and berries. We need to continue to help each other to find ways to promote anishinaabe bimatzowin to our young people by taking them to the land.

This poster provides an indication to the harvest cycles of some berries and plants found on habitats in south central Manitoba.

APII GAA-OZHICHIGAADEG GIDAKIMINAAN, gakina gegoo ji-ondaadiziyang gigii-miinigomin. Gakina aki gigii-miinigonaan ji-onji-mino-ayaayang, abooshke mashkiki. Mawinzwaan zhiigwa niibowa gegoo netaawigig anishinaabewakiing gigii-wiiji'igomin, gigii-bimaaji'igomin ji-gashkitooyang gegoo ji-bagosendamowaad niigaan ge-ani-ayaawaad dago ji-naagajitooyang aki. Giyaabi wiin iwe waawiji'iwemagad, daabishkoo giinawind, abooshke aana-gii-zanagitwaayang noongom. Epiichi-zoongak enaadak mashkiki, giwiji'igomin ji-minjimendamang odaanaang aaniin gaye ezhi-zoongaadiziwaad gidanishinaabeminaanig. Giwiji'igomin ji-waawiji'idiyang.

Gabeya'ii Anishinaabeg ogii-bi-wisookaadaanaawaa' aki. Aanind awiyag ozanagi'igonaawaa' ji-gikendamowaad gete-gikendaasowin gigeteminaanig gaa-gii-bi-gikendamoonangwaa netaawigig dago mawinzwaan. Onjida giyaabi ji-aanike-waawiji'idiyang ji-gikendamowaad oshki-aya'ag Anishinaabe bimaadiziwin ayizhinangidwaa akiing. Owe mazinaakizigan dibaajimomagad aaniin editeg mawinzwaan zhiigwa netaawigig gaa-mikigaadegin naawi-zhaawanong Manitoba akiing.

THE STANDING MEDICINE PEOPLE project seeks to provide a safe place traditional medicines to be continued to be used by the Anishinaabe people from south central Manitoba. It is hoped that we can continue to respect the medicines for future use and benefit for community members from Long Plain First Nation, Swan Lake First Nation, and Rolling River First Nation.

Iwe Gaa-niibawiwaad Mashkikiin izhichigewin onandawendaanaawaa' ningoji ji-onji-ondinigaadegin mashkikiin ji-aabajitoowaad Anishinaabeg naawi-zhaawanong Manitoba akiing onji. Nimbagosendaamin ji-manaajitoowaang mashkikiin ani-niigaan ji-ani-aabajichigaadegin ji-wiiji'igowaad Ginooshkodeyaang, Gaabishkigamaag dago Ditibineyaziibi.

Learn more at: foodmattersmanitoba.ca

